
LEADING TODAY FOR TOMORROW



ANNA WOODFORD
COUNSELOR AND LEADERSHIP
PROFESSIONAL
BS, MA-OL, MA-C. SP-TIE, IM HATT

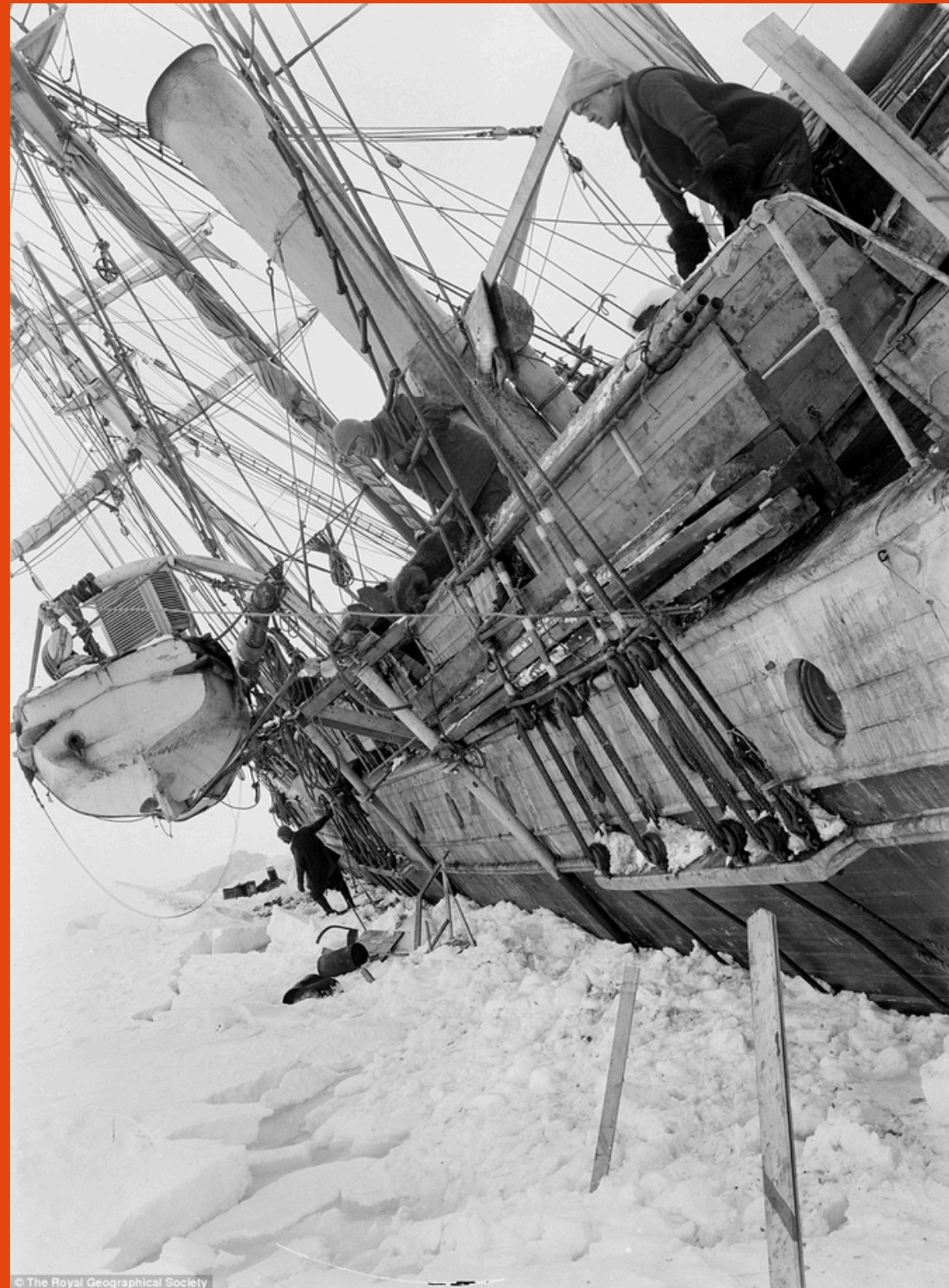


WHAT ARE 3 OTHER
THINGS THAT THIS
STRING CAN BE...



Shackleton & Self Leadership

The Antarctica Below Our Feet



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**REGARDLESS OF
WHAT LIFE GIVES
US... WE CAN
CHOOSE TO LEAD
OURSELVES WELL**

**Self Leadership is hard work
behind the scenes that make us
better leaders**

Shackleton Taught Us:

- **Clear Destination**
- **Willing to Carry Heavy Stuff**
- **Check Your Compass**
- **Conquer the Day**

THE 5 R'S OF LEADERSHIP

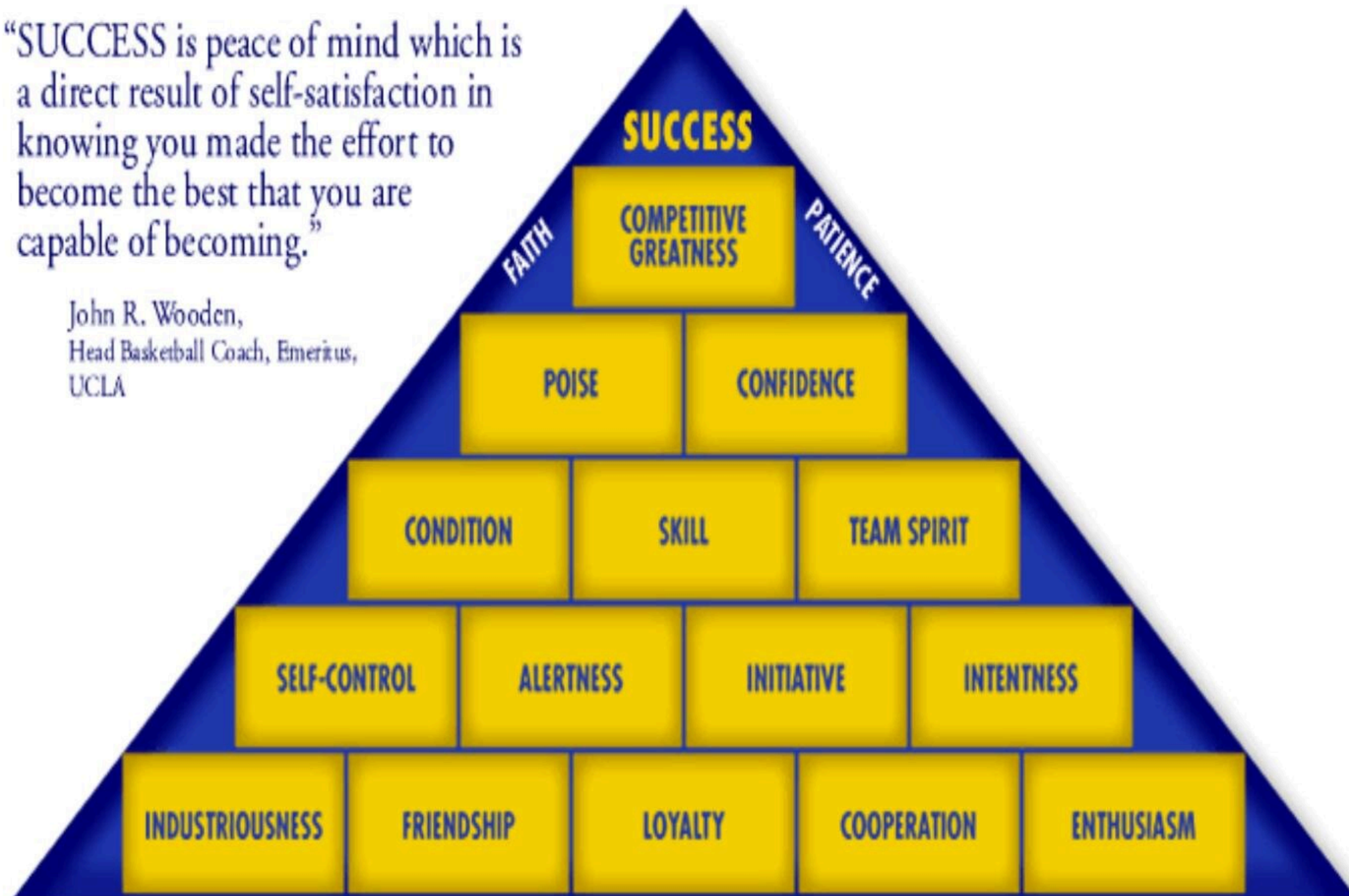
1. Relational World
 2. Responsibility/ Emotional Intelligence
 3. Reflection and Skill
 4. Respect
 5. Reward
-

John Wooden:

- **UCLA Basketball Coach**
- **Raised on a farm in Indiana**
- **Started playing basketball in a tomato basket**
- **Father handed him a creed to be true to himself, make friendship and help others, amongst many others**

“SUCCESS is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to become the best that you are capable of becoming.”

John R. Wooden,
Head Basketball Coach, Emeritus,
UCLA



* Point to a pyramid block to read more.

Pyramid of Success

John took 15 years to create this:

- Not just for coaching but to be successful**
- Fundamentals of life**
- He never watched a video/ No comparison**



**LOOK IN THE MIRROR
AND KNOW YOU DID
YOUR BEST**

“Success is peace of mind attained only through self-satisfaction in knowing you made the effort to do the best of which you’re capable”

-John Wooden

1st Step of Pyramid: Our Relational World

- **Industriousness:** Worthwhile results come from hard work
- **Friendship:** Make a Priority, relation world leads to success, must not be taken for granted (team work is important)
- **Loyalty:** Keep self-respect, good boundaries, true to self
- **Cooperation:** Be interested not interesting, listen and find best way, not always needing to be right
- **Enthusiasm:** What energy are you bringing? Are you enjoying what you are doing?

2nd Step of Pyramid: Responsibility/Emotional Intelligence

- **Self-Control:** Practice self-discipline, increase emotional intelligence with self-awareness and emotional regulation, good judgment, pause
- **Alertness:** Observe, self aware, open-minded, motivated to learn and improve
- **Initiative:** Make decisions, risks are ok, no failure just opportunities to grow
- **Intentness:** Realistic goals, stay determined & persistent

3rd Step of Pyramid: Reflection and Skill

- **Condition:** Holistic Wellness and Rest, Habit Stacking, Practice
- **Skill:** Learn and execute; add Reflection
- **Team Spirit:** Consider others, engage in other people's interest not just your own

4th Step of Pyramid: Respect

- **Poise: Be Yourself, Don't fight yourself, Be at ease in every situation**
- **Confidence: Respect without fear. Keep proper perspective.**

5th Step of Pyramid: Reward

Competitive Greatness:

Be Your Best.

Do Your Best.

Show Up and Enjoy the Challenge.

Decide to view it as a Threat or a Challenge!

Make Each Day Your

Masterpiece:

Decide to Lead Yourself Well to

Lead Others Well

**You can not lead yourself by
Yourself**

WHAT LEGACY ARE YOU WILLING TO LEAVE BEHIND?



If you're going to live, leave
a legacy. Make a mark on the
world that can't be erased.

Maya Angelou

QUESTIONS?



Anna Woodford

315-663-8096

fourwindsprof@gmail.com
